
CARTNET NEWSLETTER - Issue No 4

Dear Local Resident,

The purpose of this Newsletter is to explain how CARTNET can help you and to outline what support is available during the Covid-19 pandemic. We are hoping to continue to publish regular editions of the Newsletter to keep you up to date

An Important Update from Cartmel Surgery

Residents in Cartmel and the surrounding areas are reminded that there is still a significant local risk of infection by Covid-19 and we are strongly advised to maintain full precautions.

Although Government advice now permits more outings from home, individuals must continue to maintain 2 metre distancing from non-household members (particularly in confined spaces such as shops and on public transport) and carry out regular hand washing (particularly whilst out, where possible, and on returning home).

Updates from our local Council

(a) Free Sanitary Products

Many young women access supplies of free sanitary products through their schools. With school closures covering the county, Cumbria County Council has released a scheme to help by supplying boxes of sanitary products locally placed around the area.

They can be found in a well-signed box at Waste Not, Want Not Food Bank, 6 Pitt Garth, Higgs Lane, Cartmel.

(b) Recycling Centre at Grange over Sands due to re-open with booking system

The Household Waste Recycling Centre at Guides Lot in Grange over Sands is set to reopen on Thursday, May 28th, with a booking system in place.

A Cumbria County Council spokesman said that they had had to close the site again on May 15th due to the number of people trying to access the site, meaning that maintaining safe social distancing was proving to be extremely difficult. On the whole all of the Council's sites have coped well with the demand, with the exception of Grange, whose access road was unable to cope with the volume of traffic.

People wishing to use the Grange Recycling Centre can book a slot by calling 0300 003 1118 between 09.00 and 17.00 two days ahead of their visit. Those who do not have a booking will not be able to access the site.

Additions to our Shopping and Tradesmen's List

We have some additions to our list as follows: -

(1) **'A Day's Walk'** a new local company offering supermarket-style daily home delivery service, only featuring produce from producers and businesses within a day's walk of our location. They are based in Field Broughton are delivering to the South Lakeland area. This is their guarantee that when they say local, they mean local!

Order online at www.adayswalk.co.uk

Contact details: Colin Sneath, email: localise@adayswalk.co.uk

(2) **Cartmel Village Shop** is extending its opening times: - Monday – Thursday, 09.00-12.00; Friday & Saturday, 09.00-16.00 and Sunday, 10.00-14.00.

(3) **Hazelmere Bakery**, Grange over Sands. New Call and Collect. Call on 015395-32972 press option 1 to place order for contactless collection. Their new socially distanced screens are in place and their floor is all marked out to keep customers and staff safe.

(4) **McClures Food Retail** Cash and Carry wide range of products including ready meals and frozen food. Offering new 'Click' Online ordering service. They have a friendly collection hub service locally between 12.00-14.00 on Tuesday at the Market Square, Flookburgh. Orders should be placed on www.wmccclure.co.uk before 16.00 the previous day.

(5) **Vulcan Electrical Contractors** are back working, mostly targeting external work or jobs in empty properties and of course emergency call outs. Currently there are only 2 of the team working, Craig and Ryan but they are hoping to welcome back David and Dean from furlough at the start of June, so they will be back to full strength soon.

They have some free time during June if anybody needs them. They have a lot of big jobs holding off for a bit longer so now is a good time to book them whilst the waiting times are low. Contact Craig Lenette on 07751-206269.

(6) **Cartmel Drinkshop** The Shop is closed but they are making daily local deliveries. They have great value case deals on wine and, also a good selection of spirits available. They are also delivering Unsworth's yard Brewery Beer. Please see their Facebook page for current offers or Call 07966681706 for details.

We hope this has been of some help to you. We will be updating you with more news on a regular basis.
Best Regards,

Your CARTNET Team

For more information on CARTNET support, please go to www.cartmelvillagesociety.co.uk and/or connect with the Cartmel Village Society on Facebook.